

Leading the fight
against dementia

**Alzheimer's
Society**

We offer support to people suffering dementia, and also to their carers & families. We aim to provide information, support & advice about dementia, providing carer support & opportunities to socialise.

Alzheimer's Society is really keen for new volunteers to cover a wide variety of tasks. This is a great chance for you to be a caring citizen and help those who have given so much for us throughout their lives and now need you to do the same for them.

-Administration/Reception Desk - Providing general admin and clerical support: collating info; ordering materials; involvement in admin for fundraising; phone enquiries; organising & collating volunteer packs, etc.

-Drop-in Helper/Bus Escort - Helping with activities, engaging in conversation, etc. at an informal 'drop-in' coffee morning every Friday. Help also wanted on the Minibus, enabling clients to attend.

-Fundraising Volunteer - Taking part in periodic fundraising events as part of a team.

-Carer Support - Lunch Group Helper - Providing support to people attending, organising menu choice, and taking payments.

**The Healthy Hub
Beaumont Fee
Lincoln LN1 1UW
01522 551683**

**www.volunteercentrelincoln.org.uk
info@volunteercentrelincoln.org.uk**

**VOLUNTEER CENTRE LINCOLN
OCTOBER/NOVEMBER 2009
Issue 40**

VOLUNTEERING BULLETIN



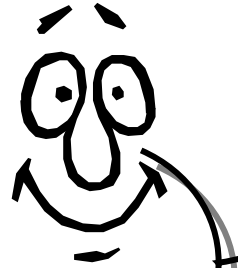
**NEW VOLUNTEERING
OPPORTUNITIES - LOCALLY**

**Volunteer Centre Lincoln 01522 551683
www.volunteercentrelincoln.org.uk
www.do-it.org.uk**

VOLUNTEER CENTRE LINCOLN

Volunteering provides YOU with the opportunity to:

- ★ Learn new skills
- ★ Put your skills to good use
- ★ Create opportunities for yourself
- ★ Take an active role in your community
- ★ Receive qualifications or accreditation
- ★ Gain valuable experience
- ★ Build on what you've got
- ★ Meet new people



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CATCH 22



We provide advice, guidance, accommodation and support for young people in our accommodation or in their own.

We believe that every young person deserves the chance to get on in life, and provide a range of services to enable this to happen.

VOLUNTEERS NEEDED!

Volunteer Advisor - offering information, advice, and guidance to young people aged 16-25 yrs old, and to partner agencies.

Volunteer Cooking & Living Skills Support - providing cooking & life skills support to young people aged 16-25, in supported accommodation, to prepare them for independent living.

Volunteer Handyperson/Gardener - basic household maintenance, ie. changing fuses, wiring a plug, replacing light bulbs, and changing locks. Also painting.

Volunteer Reception/Admin Assistant - writing and despatching routine letters; telephones; bookings; opening post; photocopying; faxes; maintaining records; filing; and computer files.

For further information contact Volunteer Centre Lincoln on **01522 551683** or email: **info@volunteercentrelincoln.org.uk**

Voluntary CENTRE Services

Voluntary Centre Services is here to help you and your volunteering needs!
We offer a variety of services including—

- ★ **Accredited Volunteer Centres in Lincoln, Sleaford, and Gainsborough which place volunteers** in voluntary and community groups across the City of Lincoln, North Kesteven, and West Lindsey
- ★ We are also part of the **involved team** for Lincolnshire, **working to promote youth volunteering** for those between the ages of **16-25**
- ★ **We run training** for volunteers and volunteer involving organisations
- ★ **We host Timebank** in Lincoln, a project whereby **individuals can volunteer for as little as one hour**, on an ad hoc basis, and in turn receive reciprocal **volunteering support from others**
- ★ **We provide policy support and good practice development** for organisations
- ★ **We arrange regular networking events** and forums for organisations
- ★ **We act as an umbrella body** for organisations across the City
- ★ **We provide funding advice**, including Grantfinder, and regular funding newsletters
- ★ **We offer information to voluntary sector and other agencies** and partners
- ★ We produce regular, quarterly newsletters
- ★ **We are accredited to national standards:** Volunteering England Quality Accreditation (VCQA), Investing in Volunteers (iV), and Matrix

We will be pleased to help you with any enquiries you may have; or should you need to book an appointment for a volunteering interview, simply contact us on 01522 551683. You can find out more about the services we offer and download forms and information from:

VCS Lincoln c/o The Healthy Hub, Beaumont Fee, Lincoln LN1 1UW
Area Co-ordinator - Dianne Slapp Tel: 01522 551683
Email: info@volunteercentrelincoln.org.uk
www.volunteercentrelincoln.org.uk

VCS NK, 26 Carre Street, Sleaford, NG34 7TR

VOLUNTEER CENTRE LINCOLN

Welcome to the Volunteering Bulletin

This is your regular guide to all the latest available opportunities in Lincoln's voluntary sector. Whatever your age, background or experience, Volunteer Centre Lincoln can find a position to help suit your needs.

Volunteer Centre Lincoln is here to:

- ★ Promote and support volunteering
- ★ Give advice and information to prospective volunteers
- ★ Co-ordinate information about local volunteer vacancies
- ★ Advise and support organisations which work with volunteers

Once you've had a look through the Bulletin, you'll realise there's a wide range of opportunities on offer. If you'd like to know more about volunteering and the options available to you, please call us; we can give you information over the phone, or you can make an appointment to come in to the Volunteer Centre for a chat with one of our advisors. We are located on Beaumont Fee just next door to the Big Wok Restaurant.

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VOLUNTEER CENTRE LINCOLN



URGENTLY REQUIRED



Coffee Shop Helper

ORG ID: URB 642

Helping out in a coffee shop at a Lincoln mental health unit. The shop will run from 10am to 3pm Monday to Friday. Can you help on any of these days, serving refreshments, cleaning up, and interacting with patients and visitors?

Support Volunteer for Children

ORG ID: URB 259

Hardworking, fun-loving volunteers needed to help prepare practical activities for children (painting etc) and generally helping children and parents. First Saturday morning of the month in Birchwood.

Marketing Volunteers & Trustees

ORG ID: URB 756

Promoting the work and raising awareness of a charity providing a counselling service. The Treasurer will bank monies, and deal with invoices, receipts, expenses, and accounts for audit.

Charity Shop Volunteer

ORG ID: URB 759

Wanted: Lively, energetic people to join charity shop team. Duties include - steaming, pricing goods, till operation, sorting of stock, and window displays.

Botanists for Wildflower Survey

ORG ID: URB 763

A project to survey and conserve limestone grassland in the south-west of Lincolnshire and north-east parishes of Rutland is now well underway with over £200,000 of funding behind it. Beginners are welcome to help survey and identify areas/corridors to be protected.

VOLUNTEER CENTRE LINCOLN



URGENTLY REQUIRED



N.K Girls R.U.F.C Managers/Secretaries

URB 764-66

Managers needed for U15 & U18 North Hykeham Girls Rugby Union Football Clubs. Can you manage one of these? Or could you act as Team or Membership Secretary? Further details always available from Volunteer Centre Lincoln - by appointment.

Drop-in Co-ordinator

ORG ID: URB 773

This is an informal session, allowing people who have a brain injury to meet new people and share experiences with others in a safe environment. You can help facilitate discussions, organise activities, and provide relevant information on the 1st and 3rd Tuesday of each month.

Youth Club Assistant

ORG ID: URB 781

If you can get to Scampton they would love a dynamic volunteer to help with activities, crafts, sports, or anything that you feel you can offer. Up to fifty 9-16 year olds attend twice a week.

Gardening - Team Leader

ORG ID: URB 776

A great opportunity to help devise, plan & develop this gardening enterprise. Once launched, you, together with 2 other supervisors, will lead small teams to help grow vegetables, flowers & fruit in the community. There may be opportunities to develop skills and acquire formal qualifications through the business.

Catering Assistant

ORG ID: URB 779

Serving customers, taking orders, clearing tables, washing up, working the till & taking money. Also a chance to meet people.